WHITHAM MODULATION THEORY AND TWO-PHASE INSTABILITIES FOR GENERALIZED NONLINEAR SCHRODINGER \" EQUATIONS WITH FULL DISPERSION*

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Abstract. The generalized nonlinear Schrödinger equation with full dispersion (FDNLS) is considered in the semiclassical regime. The Whitham modulation equations are obtained for the FDNLS equation with general linear dispersion and a generalized, local nonlinearity. Assuming the existence of a four-parameter family of two-phase solutions, a multiple-scales approach yields a system of four independent, first-order, quasi-linear conservation laws of hydrodynamic type that correspond to the slow evolution of the two wavenumbers, mass, and momentum of modulated periodic traveling waves. The modulation equations are further analyzed in the dispersionless and weakly nonlinear regimes. The ill-posedness of the dispersionless equations corresponds to the classical criterion for modulational instability (MI). For modulations of linear waves, ill-posedness coincides with the generalized MI criterion, recently identified by Amiranashvili and Tobisch [New J. Phys., 21 (2019), 033029]. A new instability index is identified by the transition from real to complex characteristics for the weakly nonlinear modulation equations. This instability is associated with long wavelength modulations of nonlinear two-phase wavetrains and can exist even when the corresponding one-phase wavetrain is stable according to the generalized MI criterion. Another interpretation is that while infinitesimal perturbations of a periodic wave may not grow, small but finite amplitude perturbations may grow, hence this index identifies a nonlinear instability mechanism for one-phase waves. Classifications of instability indices for multiple FDNLS equations with higher-order dispersion, including applications to finite-depth water waves and the discrete NLS equation, are presented and compared with direct numerical simulations.

Key words. modulation theory, multiple scales, modulational instability

MSC codes. 35Q55, 35Q35, 35C20

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1. Introduction. We study the full-dispersion nonlinear Schrödinger (FDNLS) equation

(1.1)
$$
i\psi_t = \widetilde{\Omega}(-i\partial_x)\psi + f'(|\psi|^2)\psi,
$$

where the pseudodifferential operator $\widetilde \Omega (- i\partial_x)$ captures full linear dispersion, whose action is defined through the Fourier transform as

$$
\widetilde{\Omega}(-i\partial_x)\,\psi(x,t) \equiv \frac{1}{2\pi} \int_{\mathbb{R}} \Omega(\xi) e^{i\xi x} \int_{\mathbb{R}} \psi(x',t) e^{-i\xi x'} \,\mathrm{d}x' \,\mathrm{d}\xi \,,
$$

where $\Omega (\xi)$ is a smooth, real-valued dispersion relation. The function f in [\(1.1\)](#page-0-0) is a smooth, generalized nonlinearity. The classical, cubic NLS equation with second-order dispersion is the special case of [\(1.1\)](#page-0-0) with $\Omega (\xi) = \frac{1}{2} \xi^2$ and $f(\rho) = \sigma \rho^2/2$, i.e.,

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(1.2)
$$
i\psi_t = -\frac{1}{2}\psi_{xx} + \sigma |\psi|^2 \psi, \quad \sigma = \pm 1.
$$

The NLS equation [\(1.2\)](#page-1-0) is a universal model of the slowly varying (weakly dispersive) and weakly nonlinear envelope of a monochromatic wavetrain [\[1,](#page-21-0) [67\]](#page-23-0).

The impetus for the FDNLS equation is the modeling approach that was pioneered by Whitham in the context of shallow water waves [\[81\]](#page-24-0). The Whitham equation

(1.3)
$$
u_t + uu_x + i\Omega(-i\partial_x)u = 0
$$

incorporates weak nonlinearity and the full linear dispersion of unidirectional water incorporates weak nonlinearity and the full linear dispersion of unidirectional water
waves with frequency $\Omega(k) = \sqrt{k \tanh k}$ and corresponding pseudodifferential operator defined by the symbol $\tilde{\Omega} (-i\partial_x) = \sqrt{-i\partial_x \tanh(-i\partial_x)}$. Equation [\(1.3\)](#page-1-1) has been shown to be a superior model when approximating the Euler equations [\[65\]](#page-23-1) and experiments [\[76,](#page-23-2) [24\]](#page-22-0) when compared to the Korteweg-de Vries (KdV) equation in the shallow water regime where $i\Omega \left(- i\partial_x\right)u = u_x + u_{xxx}/6$. Whitham's idea is natural from a modeling standpoint and has since been generalized to other physical scenarios and model equations, primarily in the context of single- or multilayer fluids [\[56,](#page-23-3) [61,](#page-23-4) [3,](#page-21-1) [58,](#page-23-5) [33,](#page-22-1) [50,](#page-23-6) [17\]](#page-21-2). In the same spirit, we view the FDNLS equation [\(1.1\)](#page-0-0) as a generic weakly nonlinear, strongly dispersive modulation equation for one-phase wavetrains, which has been used in various applications such as water waves [\[78\]](#page-23-7) and optics [\[5\]](#page-21-3).

The NLS equation [\(1.2\)](#page-1-0) is the canonical model for weakly dispersive deep water waves [\[87,](#page-24-1) [1\]](#page-21-0). However, higher-order dispersive effects can be significant in this context [\[10,](#page-21-4) [11,](#page-21-5) [79,](#page-23-8) [78,](#page-23-7) [71,](#page-23-9) [72,](#page-23-10) [61\]](#page-23-4), such as for oceanic rogue waves (also known as freak waves or peaking waves) that exhibit steep, cusp-like profiles [\[36,](#page-22-2) [6\]](#page-21-6). Higher-order generalized NLS models are also significant in other applications. In particular, higher-order dispersive effects are important for ultrashort optical pulses [\[4\]](#page-21-7) where the propagation of intense laser pulses in optical fibers have been studied for more than 30 years (cf. [\[70,](#page-23-11) [4\]](#page-21-7)). In that context, the measured spectrum of optical fibers corresponds to $\Omega (\xi)$.^{[1](#page-1-2)} Example experimental and theoretical studies on short-wave effects that are not captured by the NLS equation [\(1.2\)](#page-1-0) include radiative effects in optical fibers [\[27,](#page-22-3) [28,](#page-22-4) [63\]](#page-23-12), longitudinal soliton tunneling in dispersion-shifted fibers [\[64\]](#page-23-13), and four-wave mixing resulting from a dual-frequency pump in a single-mode fiber [\[7,](#page-21-8) [44\]](#page-22-5). Stronger dispersion has been used to predict the appearance of new types of optical instabilities [\[88,](#page-24-2) [5,](#page-21-3) [46\]](#page-22-6).

A powerful mathematical tool for analyzing modulations of nonlinear waves is Whitham modulation theory [\[82\]](#page-24-3). Whitham modulation theory describes the slow evolution of nonlinear wavetrains by a system of quasi-linear, first-order partial differential equations for the wave parameters known as the Whitham modulation equations—plural so as not to be confused with the singular Whitham equation (1.3) . The Whitham equations are used to describe long wavelength modulations of strongly nonlinear wavetrains and hence can be viewed as a large amplitude generalization of the classical NLS equation [\(1.2\)](#page-1-0), albeit without dispersive corrections [\[67\]](#page-23-0). One of the earliest applications of modulation theory was to the study of modulational instability (MI) of nonlinear periodic traveling waves in optics [\[75,](#page-23-14) [16,](#page-21-9) [68\]](#page-23-15) and water waves [\[13,](#page-21-10) [12\]](#page-21-11). Around the same time, it was recognized that the ellipticity, hence illposedness of the initial value problem, of the Whitham modulation equations implies MI [\[82\]](#page-24-3). See [\[86\]](#page-24-4) for a more detailed history.

¹For optical pulses, t is propagation distance, x is time in the frame moving with the pulse's center, ξ is temporal frequency, and $\Omega (\xi)$ is the carrier wavenumber.

In this work, we consider long wavelength modulations of both one- and twophase solutions of the FDNLS equation [\(1.1\)](#page-0-0). Assuming the existence of two-phase solutions, we obtain the Whitham modulation equations in a general form for slow spatio-temporal variation of the solution's parameters. We then obtain approximate two-phase solutions and analyze the corresponding modulation equations in more detail. We determine their hyperbolicity and a new two-phase modulational instability index that determines whether small amplitude, long wavelength perturbations of the two-phase solution grow. When the dispersion $\Omega (\xi)$ is cubic, quartic, from finitedepth water waves, or from the discrete NLS equation, we identify regimes where the periodic, one-phase solution is modulationally stable but the two-phase solution is modulationally unstable. This result implies nonlinear instability, i.e., that appropriately selected small but finite amplitude perturbations of the one-phase solution grow even though infinitesimal, linear perturbations do not.

In order to set the stage for the modulation and stability analysis of FDNLS solutions, we now briefly review modulation theory and MI for the cubic NLS equation [\(1.2\)](#page-1-0).

1.1. Modulation theory. The simplest one-phase solution of (1.2) is

(1.4)
$$
\psi(x,t) = \sqrt{\bar{\rho}}e^{i\theta}, \quad \theta = \overline{u}x - \gamma t, \quad \gamma = \frac{1}{2}\overline{u}^2 + \sigma\bar{\rho}, \quad \bar{\rho} > 0, \quad \overline{u} \in \mathbb{R},
$$

where $\bar{\rho} = |\psi|^2$ is the square modulus, $\bar{u} = i(\psi_x^* \psi - \psi_x \psi^*)/\bar{\rho}$ is the wavenumber $(\psi^*$ is the complex conjugate of ψ), and γ is the frequency. These quantities admit a hydrodynamic interpretation in which $\bar{\rho}$ and \bar{u} are analogous to the fluid density and velocity, respectively [\[52\]](#page-23-16). The solution [\(1.4\)](#page-2-0) is often referred to as the Stokes wave, owing to its derivation by Stokes in the context of weakly nonlinear water waves [\[74\]](#page-23-17).

Modulation equations for the Stokes solution's parameters $(\bar{\rho},\bar{u})$ can be obtained with the WKB-like, multiscale ansatz [\[82\]](#page-24-3)

(1.5)
$$
\psi(x,t) = \sqrt{\bar{\rho}(X,T)}e^{i\theta} + \epsilon \psi_1(\theta, X,T) + \cdots,
$$

where $X = \epsilon x, T = \epsilon t$, and

(1.6)
$$
\theta = S/\epsilon, \quad \theta_x = S_X = \overline{u}(X,T), \quad \theta_t = S_T = -\gamma(X,T), \quad 0 < \epsilon \ll 1.
$$

This ansatz is then inserted into [\(1.2\)](#page-1-0) and like powers of ϵ are equated. At leading order, we obtain the same frequency relation as in [\(1.4\)](#page-2-0) that is now applicable locally $\gamma (X, T) = \frac{1}{2} \overline{u}(X, T)^2 + \sigma \overline{\rho}(X, T)$. Combining solvability at $\mathcal{O}(\epsilon)$ over the space of 2π -periodic functions in θ for $\psi_1(\theta, X, T)$ and the compatibility condition $S_{XT} = S_{TX}$ yields the modulation equations, also known as the shallow water equations,

$$
\bar{\rho}_T + (\bar{\rho}\bar{u})_X = 0,
$$

(1.7b)
$$
\overline{u}_T + \left(\frac{1}{2}\overline{u}^2 + \sigma\overline{\rho}\right)_X = 0.
$$

The characteristic velocities of the shallow water equations [\(1.7\)](#page-2-1) are

(1.8)
$$
\lambda_{1,2} = \overline{u} \pm \sqrt{\sigma \overline{\rho}}.
$$

Equations [\(1.7\)](#page-2-1) describe large amplitude, nonlinear modulations. When $\sigma = 1$, the modulation equations are hyperbolic. As such, smooth initial data can develop a gradient catastrophe in finite time, which is regularized by higher-order dispersive

effects not included in [\(1.7\)](#page-2-1). This regularization can be achieved by incorporating an additional phase into modulation theory that results in the formation of a dispersive shock wave (DSW) [\[38,](#page-22-7) [43\]](#page-22-8). When $\sigma = -1$, the characteristic velocities [\(1.8\)](#page-2-2) are complex and the initial value problem is ill-posed. Nevertheless, the evolution of certain initial data that leads to singularity formation can also be regularized by appealing to additional modulation phases [\[40,](#page-22-9) [42,](#page-22-10) [18\]](#page-21-12).

The NLS equation [\(1.2\)](#page-1-0) admits exact solutions in terms of Jacobi elliptic functions. The solutions take the form

(1.9)
$$
\psi(x,t) = \sqrt{\rho(\theta_2)} \exp\left(i\theta_1 + i \int_0^{\theta_2} u(s)ds\right),
$$

where $\theta_1 = \overline{u}x - \gamma t, \theta_2 = kx - \omega t, \rho(\theta)$ is a 2 π -periodic function, and $u(\theta)$ is a meanzero, 2π -periodic function. The form of the solutions for $\sigma = \pm 1$ is well documented; see, e.g., [\[57\]](#page-23-18). Since [\(1.9\)](#page-3-0) is periodic in two independent phases θ_1 and θ_2 , it is called a two-phase solution. The phase θ_1 is sometimes referred to as trivial because it corresponds to the Stokes wave background [\(1.4\)](#page-2-0) when $\rho (\theta) = \bar{\rho}$ and $u(\theta) = 0$ are constant.

The modulation equations for the parameters of the two-phase solution family [\(1.9\)](#page-3-0) have been derived in both cases $\sigma = \pm 1$ [\[45,](#page-22-11) [69\]](#page-23-19). They can be cast in the diagonalized form

(1.10)
$$
\frac{\partial r_j}{\partial T} + \lambda_j(\mathbf{r}) \frac{\partial r_j}{\partial X} = 0, \quad j = 1, 2, 3, 4,
$$

where $\mathbf{r} = (r_1, r_2, r_3, r_4)$ is the vector of parameters for the two-phase solution [\(1.9\)](#page-3-0). When $\sigma = -1$, the characteristic velocities λ_j are generically complex, hence [\(1.10\)](#page-3-1) is elliptic. When $\sigma = 1$, the equations in [\(1.10\)](#page-3-1) are strictly hyperbolic and genuinely nonlinear [\[60\]](#page-23-20).

Modulation theory is a powerful tool for the analysis of multiscale nonlinear waves in dispersive hydrodynamics [\[19\]](#page-21-13). A prominent example is the regularization of dispersive hydrodynamic singularities resulting in DSWs that are expanding, modulated wavetrains [\[41\]](#page-22-12). Utilizing the approach from [\[17\]](#page-21-2) for the Whitham equation (1.3) , we obtain the Whitham modulation equations for the FDNLS equation [\(1.1\)](#page-0-0) and then apply them to the problem of MI. But first, we review MI for the NLS equation (1.2).

1.2. Classical MI of one- and two-phase solutions. The sign σ in the NLS equation [\(1.2\)](#page-1-0) determines the nature of the modulations as repulsive/defocusing $(\sigma = 1)$ or attractive/focusing $(\sigma = -1)$. It will be helpful to review the stability of one- and two-phase solutions of the defocusing and focusing NLS equation [\(1.2\)](#page-1-0). Linearizing [\(1.2\)](#page-1-0) about the Stokes solution [\(1.4\)](#page-2-0) and seeking perturbations proportional to $e^{i((\overline{u}\pm k)x - (\gamma +\omega)t)}$ yields the linear dispersion relation

(1.11)
$$
(\omega - \overline{u}k)^2 = \frac{1}{4}k^2(k^2 + 4\sigma\overline{\rho}).
$$

For $k \to 0$, the phase speed $\omega / k \to \overline{u} \pm \sqrt{\sigma \overline{\rho}}$ limits to the characteristic velocities of the modulation equations [\(1.7\)](#page-2-1). The two branches of the frequency ω satisfying [\(1.11\)](#page-3-2) are real-valued for all values of $k \in \mathbb{R}$ when $\sigma = 1$. When $\sigma = -1$, the growth rate of the positive branch $\text{Im}\,\omega = \frac{1}{2}|k|\sqrt{4\bar{\rho} - k^2}$ is nonzero for real k satisfying $0 < k^2 < 4\bar{\rho}$.

To illustrate the instabilities of Stokes waves, we perform direct numerical simulations of the NLS equation [\(1.2\)](#page-1-0). The initial condition is the perturbed Stokes wave $\psi (x, 0) = e^{i\overline{u}x} + \epsilon p(x)$, with $0 < \epsilon \ll 1$ and $p(x)$ smooth, band-limited noise,

FIG. 1. Spectral amplitude of the plane wave [\(1.4\)](#page-2-0) with $\bar{\rho} = 1$, $\bar{u} = 1$ subject to the perturbation [\(1.12\)](#page-4-0) with $\epsilon = 10^{-11}$ after numerical evolution. (a) The defocusing case $\sigma = 1$ at $t = 20$, and (b) the focusing case $\sigma = -1$ at $t = 10$ with the predicted amplitude from linear theory in red. (Color online.)

(1.12)
$$
p(x) = e^{i\overline{u}x} \sum_{|n| < M} \mathcal{E}(n) e^{i2n\pi x/L},
$$

where L is the computational domain size, $M = \lfloor \frac{kL}{2\pi} \rfloor$ is the number of discrete Fourier modes, and $\mathcal{E}(n)$ is a length $2M + 1$ vector with uniformly sampled, random values in the interval $[-1, 1]$ generated using the MATLAB RAND function.

In Figure [1,](#page-4-1) we plot the amplitude of the Fourier spectrum of the solution, $|\psi (\xi , \Delta t)|$ with spectral parameter ξ , after the evolution time $\Delta t > 0$. In the case $\sigma = 1$ of Figure [1\(](#page-4-1)a), the spectrum consists of a single peak at $\xi = \overline{u}$ with negligible change to the spectrum of the initial perturbation of $\mathcal{O}(\epsilon)$. For $\sigma = -1$ in Figure [1\(](#page-4-1)b), the spectrum for $0 < |\xi - \overline{u}| < 2$ is amplified. The amplitude is predicted to grow according to [\(1.11\)](#page-3-2) (in which $\xi = \overline u + k$) as $|\psi(\xi , \Delta t)| \approx |\psi(\xi , 0)| \exp (\text{Im} \omega (\xi) \Delta t) \approx$ $\epsilon \exp(\frac{1}{2}|\xi - \overline{u}| \sqrt{4 - (\xi - \overline{u})^2} \Delta t)$, provided Δt is small enough for the evolution of the perturbation [\(1.12\)](#page-4-0) to remain in the linear regime. The predicted growth in the spectrum is overlaid on the simulation in Figure [1\(](#page-4-1)b).

Since the modulation equations [\(1.7\)](#page-2-1) are elliptic when $\sigma = -1$, ill-posedness of the initial value problem for the modulation equations corresponds to MI of the Stokes wave [\[82\]](#page-24-3). Linearizing equations [\(1.7\)](#page-2-1) about constant $\bar{\rho}$ and \bar{u} , we observe that the growth rate of perturbations $\propto e^{iK(X - \lambda_1,2T)}$ with wavenumber $K > 0$ is $\text{Im }\lambda_2 K = \sqrt{\overline{\rho}} K \text{ when } \sigma = -1.$ This coincides with the small k expansion of the growth rate from the dispersion relation [\(1.11\)](#page-3-2), $\text{Im}\,\omega \sim \sqrt{\overline{\rho}}k$, $k \to 0$. Note that modulation theory does not predict a saturation of the growth rate, which, according to [\(1.11\)](#page-3-2), occurs at the order one perturbation wavenumber $k = \sqrt{2\bar{\rho}}$.

The MI of the two-phase solution [\(1.9\)](#page-3-0) can be determined by the hyperbolicity of the two-phase modulation equations [\(1.10\)](#page-3-1). Since the modulation equations are hyperbolic (elliptic) when $\sigma = 1$ ($\sigma = -1$), the two-phase solution is modulationally stable (unstable) and has been proven to be so by spectral analysis of the linearized operator when $\sigma = 1$ [\[22\]](#page-22-13) and $\sigma = -1$ [\[48,](#page-22-14) [32\]](#page-22-15). Furthermore, it has been shown that weak hyperbolicity of the modulation equations (all characteristic speeds are real) is a necessary condition for the modulational stability of nonlinear periodic wavetrains [\[23,](#page-22-16) [54,](#page-23-21) [15\]](#page-21-14). Sufficiency is obtained when the modulation equations are strictly hyperbolic and the original PDE is Hamiltonian [\[55\]](#page-23-22).

In Figure [2,](#page-5-0) we plot two numerical simulations of the perturbed two-phase solutions in the $\sigma = 1$ case (Figures [2\(](#page-5-0)a), (b)) at $t = 150$ and the $\sigma = -1$ case (Figures 2(c), (d)) at $t = 10$, respectively. Figures [2\(](#page-5-0)a), (c) depict the square modulus $|\psi|^2$ whereas

FIG. 2. Initially perturbed two-phase solutions of the NLS equation with $\sigma = 1$ at $t = 150$ (a), (b) and $\sigma = -1$ at $t = 10$ (c), (d). (a), (c) depict the solution's square modulus and (b), (d) show the Fourier amplitude spectrum at the initial (gray) and final (black) times.

Figures [2\(](#page-5-0)b), (d) show the amplitude spectrum $|\psi|$. For these simulations, the carrier wavenumber is $\bar{u} = -0.5$ and the second-phase wavenumber is $k = 2$, and the amplitude parameter is $\bar \rho = 1$. In both cases, there is a prominent peak at $\xi = \bar u$ in the amplitude spectrum with distinct harmonics at $\xi = \overline{u} + nk$ for integers n. In the stable case, $\sigma = 1$, the spectrum is unchanged even for long time evolution.

The spectral features in Figure [2\(](#page-5-0)d) represent the early stage of MI, where the growth of the perturbation has not exceeded the largest spectral harmonics. The nonlinear stage of instability occurs for longer evolution times where the dynamics can be quite complicated, though the integrability of the NLS equation allows for the development of theory for both localized [\[20,](#page-21-15) [21\]](#page-21-16) and random [\[47\]](#page-22-17) perturbations.

In the simplest cases presented here, [\(1.2\)](#page-1-0) possesses both stable one-phase and two-phase solutions when $\sigma = 1$ and both unstable one-phase and two-phase solutions when $\sigma = -1$. This motivates the following question: Does the addition of full dispersion into the NLS model [\(1.1\)](#page-0-0) allow for situations in which one-phase, plane wave solutions are stable, but two-phase solutions with the same $\bar{\rho}$, \bar{u} are unstable? After developing the modulation analysis, we will provide several physically inspired examples where the answer is yes.

1.3. Outline of this manuscript. This manuscript is organized as follows. In section [2,](#page-6-0) we derive the Whitham modulation equations for two-phase wavetrains in the FDNLS equation [\(1.1\)](#page-0-0). In section [3,](#page-8-0) we utilize the Whitham modulation equations to identify criteria for when both one-phase and two-phase wavetrains are stable with respect to long wave perturbations. We also obtain approximate twophase solutions of the FDNLS equation with general $\Omega (k)$ for a plane wave subject to weakly nonlinear modulations in the second phase. Then, the corresponding twophase Whitham modulation equations and their characteristic velocities are obtained in this regime. We identify an index that determines the modulation equation type and the different mechanisms that drive the instability of the underlying two-phase

solution. In section [4,](#page-13-0) we present phase diagrams predicting the stable/unstable two-phase solutions and the type of instability for several choices of dispersion $\Omega (k)$. These predictions are then compared with numerical simulations of perturbed twophase solutions. Finally, in section [5,](#page-19-0) we conclude with a discussion of the implications and extensions of the present theory.

2. Modulation theory for two-phase waves. The FDNLS equation [\(1.1\)](#page-0-0) admits the one-phase, Stokes wave solutions

(2.1)
$$
\psi(x,t) = \sqrt{\bar{\rho}}e^{i\theta_1}, \quad \theta_1 = \overline{u}x - \gamma t, \quad \gamma = \Omega(\overline{u}) + f'(\bar{\rho}),
$$

for any $\bar{\rho} > 0$ and $\bar{u} \in \mathbb{R}$. Here, \bar{u} and γ are the wavenumber and frequency pair, respectively. The solution [\(2.1\)](#page-6-1) is referred to as the carrier wave. We assume the existence of a four-parameter family of two-phase solutions to [\(1.1\)](#page-0-0) in the form

(2.2)
$$
\psi(x,t) = \mathcal{U}(\theta_2)e^{i\theta_1}, \quad \theta_1 = \overline{u}x - \gamma t, \quad \theta_2 = kx - \omega t,
$$

where (\overline{u}, γ) and (k, ω) are the first and second phases' wavenumber and frequency, respectively. The oscillation periods for each phase are normalized to 2π : $\psi (\theta_1 +$ $(2\pi n, \theta_2 + 2\pi m) = \psi (\theta_1, \theta_2)$ for integers n, m. For incommensurate wavenumbers and frequencies, the solution [\(2.2\)](#page-6-2) is quasi-periodic. Each of the frequencies γ and ω generally depend on both wavenumbers \overline{u} and k. The two-phase solution [\(2.2\)](#page-6-2) can be parameterized, for example, in terms of the mean parameters

(2.3)

$$
\bar{\rho}\equiv \frac{1}{4\pi^2}\int_0^{2\pi}\int_0^{2\pi} |\psi(\theta_1,\theta_2)|^2\,d\theta_1d\theta_2,\quad \overline{u}\equiv \frac{i}{4\pi^2}\int_0^{2\pi}\int_0^{2\pi} (\psi_x^*\psi-\psi_x\psi^*)/|\psi|^2\,d\theta_1d\theta_2,
$$

the wavenumber k , and amplitude a , which is the magnitude of the Fourier mode with wavenumber $\overline{u} + k$. The two-phase solution [\(2.2\)](#page-6-2) is an amplitude and phase modulated Stokes waves [\(2.1\)](#page-6-1). We demonstrate existence by obtaining approximate and numerical solutions in the weakly nonlinear regime.

Whitham modulation theory is a formal asymptotic procedure to derive a system of conservation laws that describe the slow evolution of a periodic or quasi-periodic solution [\[82,](#page-24-3) [41\]](#page-22-12). We now carry out the derivation of the modulation equations using Whitham's original method of averaged conservation laws [\[80\]](#page-24-5). A modulated twophase solution is sought in the form

(2.4)
$$
\psi(x,t) = \mathcal{U}(\theta_2, X, T)e^{i\theta_1} + \epsilon \psi_1(\theta_1, \theta_2, X, T) + \cdots, \quad \epsilon \to 0,
$$

where θ_1 is the carrier phase, θ_2 is the second, envelope phase, and $\mathcal U$ is a complex modulation, which depends on θ_2 and the slow scales $X = \epsilon x, T = \epsilon t$. The phase functions θ_1, θ_2 are rapidly varying

$$
\theta_j = S_j(X, T) / \epsilon \,, \quad j = 1, 2,
$$

for smooth functions S_1 , S_2 . It is expedient to define the generalized wavenumbers and frequencies as

(2.5)
$$
\begin{aligned}\n\theta_{1,x} &= S_{1,X} = \overline{u}, & \theta_{2,x} &= S_{2,X} = k, \\
\theta_{1,t} &= S_{1,T} = -\gamma, & \theta_{2,t} &= S_{2,T} = -\omega.\n\end{aligned}
$$

The periods of S_1 and S_2 are fixed in order to ensure a well-ordered asymptotic expansion. Without loss of generality, we take these to be 2π , so that \mathcal{U} is also 2π -periodic in θ_2 . Hence, $\mathcal U$ is represented by its Fourier series

(2.6)
$$
\mathcal{U}(\theta_2, X, T) = \sum_{n=-\infty}^{\infty} \widehat{q}_n(X, T) e^{in\theta_2}.
$$

It is a straightforward calculation to prove that [\(1.1\)](#page-0-0) possesses the conserved quantities [\(2.2\)](#page-6-2)

(2.7a)
$$
M[\psi] = \int |\psi|^2 dx,
$$

(2.7b)
$$
P[\psi] = \int (\psi^* \psi_x - \psi \psi_x^*) dx,
$$

(2.7c)
$$
E[\psi] = \int (\psi^* \Omega(-i\partial_x) \psi + f(|\psi|^2)) dx,
$$

corresponding respectively to mass, momentum, and energy.

Two modulation equations are found by inserting the multiple scales expansion (2.4) into the first two conservation laws corresponding to M and P integrated over the two-phase solution family. Replacing partial derivatives in x, t with appropriate partial derivatives in θ_1, θ_2, X , and T, the linear dispersion operator Ω is expanded in a similar way to the expansions of the dispersion operators in the scalar Whitham equation [\[17\]](#page-21-2). We extend those results to the case where the operator is acting on a function of two independent phase variables and obtain, to $\mathcal O (\epsilon)$, that

(2.8)
$$
\overline{\Omega}(-i\partial_x)\psi(x,t) = \overline{\Omega}(D - i\epsilon\partial_X)\psi(\theta_1, \theta_2, X, T) \n= \widetilde{\Omega}(D)\psi + i\frac{\epsilon}{2} \left[\widetilde{\Omega}'(D)\psi_X + \left(\widetilde{\Omega}'(D)\psi \right)_X \right] + \mathcal{O}(\epsilon^2),
$$

where $D = -i\bar{u}\partial_{\theta_1} - ik\partial_{\theta_2}$, and $\tilde{\Omega}'(\cdot)$ is the pseudodifferential operator corresponding to the symbol $\Omega'(\xi)$. The proof for single-phase functions can be found in the appendix of [\[17\]](#page-21-2), where $\Omega (\xi)$ is assumed to be analytic. However, this requirement can be relaxed to three weak derivatives of $\Omega (k)$ in an appropriate function space [\[25\]](#page-22-18).

We now outline the derivation of the modulation equation that is a consequence of mass conservation [\(2.7a\)](#page-7-0). First, one expands the conserved quantity [\(2.7a\)](#page-7-0)

$$
\label{eq:1.1} \begin{split} &\left(2.9\right)\\ &\frac{d}{dt}\int_0^{2\pi}\!\!\! \int_0^{2\pi}\! \left|\psi\right|^2\,d\theta_1 d\theta_2\!=\!\!\! \int_0^{2\pi}\!\!\! \int_0^{2\pi}\!\! (-\gamma\partial_{\theta_1} -\omega\partial_{\theta_2} +\epsilon\partial_T)|\psi|^2\,\,d\theta_1 d\theta_2\!=\!\epsilon\left(\overline{|\mathcal{U}|^2}\right)_T +\mathcal{O}(\epsilon^2), \end{split}
$$

where the averaging operator is denoted

$$
\overline{F[\psi]}(X,T) = \int_0^{2\pi} \int_0^{2\pi} F[\psi(\theta_1, \theta_2, X, T)] d\theta_1 d\theta_2.
$$

We now determine the representation of the averaged mass flux. This can be achieved by alternatively replacing t-derivatives of ψ with the right-hand side of [\(1.1\)](#page-0-0) and uses [\(2.6\)](#page-7-1) to find that

(2.10)
$$
\frac{d}{dt} \int_0^{2\pi} \int_0^{2\pi} |\psi|^2 d\theta_1 d\theta_2 = -\epsilon \left(\sum_n \Omega'(\overline{u} + nk) |q_n|^2 \right)_X + \mathcal{O}(\epsilon^2).
$$

Downloaded 07/01/24 to 104.60.237.45 . Redistribution subject to SIAM license or copyright; see https://epubs.siam.org/terms-privacy Downloaded 07/01/24 to 104.60.237.45 . Redistribution subject to SIAM license or copyright; see https://epubs.siam.org/terms-privacy Equating terms at $\mathcal{O}(\epsilon)$ from [\(2.9\)](#page-7-2) and [\(2.10\)](#page-7-3) results in averaged mass conservation

(2.11)
$$
\left(\overline{|\mathcal{U}|^2}\right)_T + \left(\sum_n \Omega'(\overline{u}+nk)|q_n|^2\right)_X = 0.
$$

Similar calculations with [\(2.7b\)](#page-7-4) and [\(2.7c\)](#page-7-5) yield averaged momentum conservation

(2.12)
$$
\left(\sum_{n} (\overline{u}+nk)|q_{n}|^{2}\right)_{T} + \left(\overline{f'(|\mathcal{U}|^{2})|\mathcal{U}|^{2}-f(|\mathcal{U}|^{2})}\right)_{X} + \left(\sum_{n} (\overline{u}+nk)\Omega'(\overline{u}+nk)|q_{n}|^{2}\right)_{X} = 0,
$$

and averaged energy conservation

(2.13)
$$
\left(\overline{\mathcal{U}^*\widetilde{\Omega}(D)\mathcal{U} + f(|\mathcal{U}|^2)}\right)_T + \left(\sum_n \Omega(\overline{u} + nk)\Omega'(\overline{u} + nk)|q_n|^2\right)_X + \frac{1}{2}\left(\overline{\mathcal{U}^*\left(\widetilde{\Omega}'(D)f'(|\mathcal{U}|^2)\mathcal{U}\right)} + f'(|\mathcal{U}|^2)\mathcal{U}\left(\widetilde{\Omega}'(D)\mathcal{U}^*\right)\right)_X = 0.
$$

Two additional modulation equations are obtained by requiring that the phase variables are twice continuously differentiable, i.e., $S_{j,XT} = S_{j,TX}$ for $j = 1,2$. These constraints result in the two conservation of waves equations

$$
\overline{u}_T + \gamma_X = 0,
$$
 (2.14a)

$$
(2.14b) \t\t k_T + \omega_X = 0.
$$

Equations (2.11) , (2.12) , (2.13) , $(2.14a)$, and $(2.14b)$ are five conservation laws for the four dependent variables $(\bar{\rho}, \bar{u}, k, a)$. The averaged energy equation is, generically, redundant with the remaining four modulation equations [\[82,](#page-24-3) [14\]](#page-21-17). We will focus on the averaged mass [\(2.11\)](#page-8-1), averaged momentum [\(2.12\)](#page-8-2), and conservation of waves equations [\(2.14a\)](#page-8-4), [\(2.14b\)](#page-8-5) as a closed set of modulation equations for the four modulation parameters $(\bar{\rho}, \bar{u}, k, a)$. In what follows, we study properties of these equations with increasing levels of complexity.

3. Modulations of one- and two-phase wavetrains.

3.1. One-phase modulations. The modulation equations for the one-phase Stokes wave $\psi = \sqrt{\overline{\rho}} e^{i\theta_1}$ can be obtained from the two-phase modulation equations by taking $q_n = 0$ for $n \neq 0$ and $q_0 = \sqrt{\overline{\rho}}$. Then, [\(2.11\)](#page-8-1) and [\(2.14a\)](#page-8-4) become

(3.1a)
$$
(\bar{\rho})_T + (\bar{\rho}\Omega'(\overline{u}))_X = 0,
$$

(3.1b)
$$
\overline{u}_T + (f'(\overline{\rho}) + \Omega(\overline{u}))_X = 0.
$$

When $q_n = 0, n \neq 0$, the momentum and energy conservation laws [\(2.12\)](#page-8-2), [\(2.13\)](#page-8-3) are an immediate consequence of (3.1) . The remaining modulation equation $(2.14b)$ limits to

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(3.2)
$$
k_T + \left(\omega_0^{(\pm)}\right)_X = 0,
$$

where $\omega_0^{(\pm)}$ is the dispersion relation of the FDNLS equation [\(1.1\)](#page-0-0) for linear waves propagating on the Stokes wave

(3.3)
$$
\omega_0^{(\pm)} = \mathcal{N}_1 \pm \sqrt{\mathcal{M}_1(\mathcal{M}_1 + 2\bar{\rho}f''(\bar{\rho}))},
$$

$$
\mathcal{N}_1 = \frac{1}{2}(\Omega(\bar{u} + k) - \Omega(\bar{u} - k)), \quad \mathcal{M}_1 = \frac{1}{2}(\Omega(\bar{u} + k) - 2\Omega(\bar{u}) + \Omega(\bar{u} - k)).
$$

The dispersionless modulation equations [\(3.1\)](#page-8-6) are a 2×2 system of conservation laws for the variables $(\bar{\rho},\bar{u})$ that are independent of k. We therefore first consider the evolution of $(\bar{\rho},\bar{u})$ according to [\(3.1\)](#page-8-6) and then discuss the evolution of k in [\(3.2\)](#page-9-0).

Equations [\(3.1\)](#page-8-6) exhibit the characteristic velocities

(3.4)
$$
\lambda_{1,2} = \Omega'(\overline{u}) \pm \sqrt{\overline{\rho}f''(\overline{\rho})\Omega''(\overline{u})},
$$

which are real and strictly ordered $\lambda_1 < \lambda_2$ if and only if

$$
\bar{\rho}f''(\bar{\rho})\Omega''(\overline{u})>0.
$$

In this case, the modulation equations [\(3.1\)](#page-8-6) are strictly hyperbolic. Equations [\(3.1\)](#page-8-6) are diagonalized in terms of the Riemann invariants

$$
r_{1,2} = \int^{\overline{u}} \sqrt{\Omega''(\tau)} d\tau \pm \int^{\overline{\rho}} \sqrt{\frac{f''(s)}{s}} ds,
$$

so that [\(3.1\)](#page-8-6) are equivalent to $r_{j,T} + \lambda_j r_{j,X} = 0, j = 1,2$. The system (3.1) is genuinely nonlinear so long as $\nabla \lambda \cdot \mathbf{r} \neq 0$ for each eigenvalue-eigenvector pair (λ, \mathbf{r}) [\[62\]](#page-23-23). For cubic nonlinearity, $f'(\bar{\rho}) = \bar{\rho}$, the loss of genuine nonlinearity occurs when $3\Omega''(\overline u)^{3/2} = \pm \sqrt{\overline{\rho}} \Omega'''(\overline u).$

The classical MI criterion

$$
(3.5) \t\t \bar{\rho}f''(\bar{\rho})\Omega''(\bar{u}) < 0
$$

is obtained when the velocities (3.4) are complex. We define the *carrier-phase MI* index

(3.6)
$$
\Delta_{\rm CPMI} = \text{sgn}\left[\bar{\rho}f''(\bar{\rho})\Omega''(\overline{u})\right],
$$

so that the condition for classical MI is $\Delta_{\rm CPMI} = -1$ [\[82\]](#page-24-3). This criterion is equivalent to $\sigma = -1$ in the NLS equation [\(1.2\)](#page-1-0) for modulations of a Stokes wave in dispersive, nonlinear media [\[17\]](#page-21-2).

The conservation of waves [\(3.2\)](#page-9-0) describes the evolution of infinitesimal (linear) waves propagating on a modulated Stokes wave. Its characteristic velocity is the group velocity $\omega_{0,k}^{(\pm)}(k, \bar{\rho}, \bar{u})$ whose long wavelength limit $\lim_{k\to 0} \omega_{0,k}^{(\pm)} = \lambda_{1,2}$ coincides with one of [\(3.4\)](#page-9-1). When $\Delta_{\text{CPMI}} = -1$, the instability's growth rate in the linear regime is Im $\omega_0^{(\pm)}$. This linearization of the FDNLS equation about the Stokes wave [\(2.1\)](#page-6-1) and subsequent analysis was previously identified as the extended criterion for MI [\[5\]](#page-21-3). In what follows, we investigate the scenario when the Stokes wave is modulationally stable according to the extended MI criterion $\Delta_{\rm CPMI} = 1$ but exhibits an instability due to finite amplitude modulations involving a second phase.

3.2. Weakly nonlinear, two-phase wavetrains. To approximate the twophase solution, we insert (2.2) into (1.1) and obtain

(3.7)
$$
(-\gamma + i\omega \partial_{\theta_2})\mathcal{U} = \tilde{\Omega}(\overline{u} - ik\partial_{\theta_2})\mathcal{U} + f'(|\mathcal{U}|^2)\mathcal{U}.
$$

Introducing the small amplitude parameter $0 < a \ll 1$, expanding the solution as

(3.8)
$$
\mathcal{U} = \sqrt{\rho_0} + ae^{i\theta_2} + aB_1e^{-i\theta_2} + a^2A_2e^{2i\theta_2} + a^2B_2e^{-2i\theta_2} + ..., \gamma = \gamma_0 + a^2\gamma_2 + ..., \quad \omega = \omega_0 + a^2\omega_2 + ...,
$$

inserting the expansions into (3.7) , and gathering terms in powers of a, we solve the resulting linear problems for $A_2, B_j, \gamma_j, \omega_j$ for $j = 1, 2$. The results of the perturbation analysis up to $\mathcal{O}(a^2)$ are

$$
\gamma_0 = f'(\rho_0) + \Omega(\overline{u}), \quad \omega_0^{(\pm)} = \mathcal{N}_1 \pm \sqrt{\mathcal{P}}, \quad B_1^{(\pm)} = -1 + \frac{\mathcal{M}_1 \pm \sqrt{\mathcal{P}}}{\rho_0 f''(\rho_0)},
$$

\n(3.9a)
\n
$$
A_2^{(\pm)} = \frac{\sqrt{\rho_0}}{\mathcal{D}} \left[(\mathcal{M}_2 - \mathcal{N}_2 + 2\gamma_0) \left(\mathcal{G}_3^{(\pm)} + 2(2B_1^{(\pm)} + 1) f''(\rho_0) \right) - \mathcal{G}_2^{(\pm)} \right],
$$

\n
$$
B_2^{(\pm)} = -\frac{\sqrt{\rho_0}}{\mathcal{D}} \left[(\mathcal{M}_2 + \mathcal{N}_2 - 2\gamma_0) \left(\mathcal{G}_3^{(\pm)} + 2B_1^{(\pm)}(B_1^{(\pm)} + 2) f''(\rho_0) \right) - \mathcal{G}_2^{(\pm)} \right],
$$

\n
$$
\gamma_2^{(\pm)} = 2 \left(\left(B_1^{(\pm)} \right)^2 + B_1^{(\pm)} + 1 \right) f''(\rho_0) + \mathcal{G}_3^{(\pm)},
$$

and

(3.9b)
\n
$$
\omega_2^{(\pm)} = \frac{1}{2((B_1^{(\pm)})^2 - 1)} \bigg[2\left((1 + 2B_1^{(\pm)}) A_2^{(\pm)} + B_1^{(\pm)} (2 + B_1^{(\pm)}) B_2^{(\pm)} \right) \times \left((B_1^{(\pm)})^4 + 2(B_1^{(\pm)})^3 + 2B_1^{(\pm)} + 1 - 2\sqrt{\rho_0} f''(\rho_0) \right) - \left(\sqrt{\rho_0} (A_2^{(\pm)} + B_2^{(\pm)}) + (1 + (B_1^{(\pm)})^2) \right) \mathcal{G}_3^{(\pm)} + \rho_0 f^{(4)}(\rho_0) (1 + B_1^{(\pm)})^4 \bigg],
$$

where we introduce

$$
(3.9c) \mathcal{M}_j = \frac{1}{2} \left(\Omega(\overline{u} + jk) - 2\Omega(\overline{u}) + \Omega(\overline{u} - jk) \right), \quad \mathcal{N}_j = \frac{1}{2} \left(\Omega(\overline{u} + jk) - \Omega(\overline{u} - jk) \right),
$$

$$
\mathcal{P} = \mathcal{M}_1 \left(\mathcal{M}_1 + 2\rho_0 f''(\rho_0) \right), \quad \mathcal{G}_2^{(\pm)} = 2 \left((B_1^{(\pm)})^2 - 1 \right) \rho_0 [f''(\rho_0)]^2,
$$

$$
\mathcal{G}_3^{(\pm)} = (B_1^{(\pm)} + 1)^2 \rho_0 f^{(3)}(\rho_0), \quad \mathcal{D} = 2(2\gamma_0 - \mathcal{N}_2)^2 - \mathcal{M}_2 \left(\mathcal{M}_2 + 2\rho_0 f''(\rho_0) \right).
$$

The approximate two-phase solution is given by (3.8) and (3.9) . A few remarks are in order. There are two solutions, one for each sign in $\omega_0^{(\pm)}$ as in [\(3.3\)](#page-9-2). Hence, there are two distinct branches of two-phase solutions bifurcating from the one-phase solution. The denominator of $\omega_2^{(\pm)}$ in [\(3.9b\)](#page-10-3) is zero when $|B_1^{(\pm)}| = 1$. This occurs only when $\mathcal{M}_1 = 0$ or $\rho_0 = 0$, which we exclude from further consideration. In general, \mathcal{M}_j and $\mathcal N_j$ depend on both $\overline u$ and k, and hence so do $\omega_0^{(\pm)}, \gamma_2$, and $\omega_2^{(\pm)}$. The terms $\mathcal M_j$ and \mathcal{N}_j are the discrete Laplacian and centered difference, respectively, that capture the dispersion's nonlocality with the long wavelength limits $\mathcal{M}_j \sim \frac{1}{2} (jk)^2 \Omega''(\overline{u}), \mathcal{N}_j \sim$ $\frac{1}{2}jk\Omega'(\overline{u})$ as $k \rightarrow 0$.

3.3. Modulation system for weakly nonlinear two-phase solutions. Inserting the two-phase solution $(3.8)-(3.9)$ $(3.8)-(3.9)$ $(3.8)-(3.9)$ into the modulation system for mass (2.11) ,

momentum (2.12) , and conservation of waves $(2.14a)$, $(2.14b)$ while retaining terms up to $\mathcal{O}(a^2)$, we arrive at

(3.10a)
$$
\left(\rho_0 + a^2 (B_1^2 + 1)\right)_T + \left(\rho_0 \Omega'(\overline{u}) + a^2 \mathcal{Q}_+\right)_X = 0,
$$

(3.10b)
$$
\left(\rho_0 \overline{u} + a^2 (\overline{u} + k + B_1^2 (\overline{u} - k))\right)_T + \left[-f(\rho_0) + \rho_0 \left(f'(\rho_0) + \overline{u}\Omega'(\overline{u})\right) + a^2 \left(\rho_0 \gamma_2 + \overline{u} \mathcal{Q}_+ + k \mathcal{Q}_-\right)\right]_X = 0,
$$

(3.10c)
$$
\overline{u}_T + (\gamma_0 + a^2 \gamma_2)_X = 0,
$$

(3.10d)
$$
k_T + (\omega_0 + a^2 \omega_2)_X = 0,
$$

where we introduce

(3.11)
$$
\mathcal{Q}_{\pm} = \Omega'(\overline{u} + k) \pm B_1^2 \Omega'(\overline{u} - k),
$$

and we have suppressed the superscript (\pm) denoting the fast $(+)/s$ low $(-)$ branch of two-phase solutions—which differs from the subscript in \mathcal{Q}_\pm —for ease of presentation. Note that \mathcal{Q}_\pm depend also on ρ_0 via B_1 [\(3.9a\)](#page-10-2).

3.4. Characteristic velocities of the weakly nonlinear modulation sys**tem.** To compute the characteristic velocities $\{\lambda_j\}_{j=1}^4$ of the Whitham modulation equations [\(3.10\)](#page-11-0), we can cast them in the quasi-linear form

(3.12)
$$
\mathcal{A}\mathbf{q}_T + \mathcal{B}\mathbf{q}_X = 0, \qquad \mathbf{q} = [\rho_0, \overline{u}, a^2, k]^{\mathrm{T}}
$$

and solve the generalized eigenvalue problem $Bv = \lambda Av$. We compute the eigenvalues perturbatively in the amplitude parameter a. At leading order, the eigenvalues are

(3.13)
$$
\lambda_{1,2} = \Omega'(\overline{u}) \pm \sqrt{\rho_0 f''(\rho_0) \Omega''(\overline{u})},
$$

(3.14)
$$
\lambda_3 = \lambda_4 = \frac{\partial \omega_0}{\partial k}.
$$

Here, $\lambda_{1,2}$ are simple eigenvalues depending on the mean variables $\bar \rho = \rho_0 + \mathcal{O} (a^2)$ and \bar{u} (the same as in [\(3.4\)](#page-9-1)). The double eigenvalue is degenerate, with geometric multiplicity one. Then, $\mathcal{O}(a^2)$ perturbation of the eigenvalue problem will lead to $\mathcal{O}(a^2)$ corrections to $\lambda_{1,2}$ and an $\mathcal{O}(a)$ bifurcation of the double eigenvalue $\lambda_3 = \lambda_4$. We are interested in the $\mathcal{O}(a)$ bifurcation of the double eigenvalue. Consequently, we can avoid a full perturbative analysis of the 4×4 eigenvalue problem in favor of a simpler, more direct approach that utilizes the structure of the modulation equations themselves. That is, we assume that the variations in the mean $(\bar{\rho},\bar{u})$ are induced solely by the finite amplitude wave while the leading order mean is taken to be constant [\[82,](#page-24-3) [39\]](#page-22-19). We make the ansatz

(3.15)
$$
\rho_0 = R_0 + a^2 R_2(k), \quad \overline{u} = U_0 + a^2 U_2(k),
$$

where (R_0, U_0) is the constant background and (R_2, U_2) is the induced mean. The latter can be determined by inserting [\(3.15\)](#page-11-1) into [\(3.10a\)](#page-11-0) and [\(3.10c\)](#page-11-2), and recalling [\(3.9\)](#page-10-2) and [\(3.11\)](#page-11-3). The leading-order terms vanish, while the $\mathcal{O}(a^2)$ terms yield

(3.16a)
$$
(R_2 + 1 + B_1^2)_T + (\Omega'(U_0)R_2 + \Omega''(U_0)R_0U_2 + \mathcal{Q}_{+,0})_X = 0,
$$

(3.16b)
$$
U_{2,T} + (f''(R_0)R_2 + \Omega'(U_0)U_2 + \gamma_2)_X = 0,
$$

where $\mathcal{Q}_{+,0} = \mathcal{Q}_+(R_0, U_0).$

As a consequence of the conservation of waves [\(2.14b\)](#page-8-5) in the linear regime $\omega \rightarrow \omega_0$, for any differentiable function $F(k(X,T))$, the conservation law

(3.17)
$$
(F(k))_T + (\omega_{0,k} F(k))_X = 0
$$

is satisfied. Comparing $(3.15)-(3.17)$ $(3.15)-(3.17)$ $(3.15)-(3.17)$ with $F = R_2 + 1 + B$ and $F = U_2$, we arrive at the algebraic system for the induced mean

$$
\begin{bmatrix} \Omega'(U_0) - \omega_{0,k} & \Omega''(U_0)R_0 \\ f''(R_0) & \Omega'(U_0) - \omega_{0,k} \end{bmatrix} \begin{bmatrix} R_2 \\ U_2 \end{bmatrix} = \begin{bmatrix} \omega_{0,k}(1 + B_1^2) - \mathcal{Q}_{+,0} \\ -\gamma_2 \end{bmatrix},
$$

whose solution is

(3.18)
$$
\begin{bmatrix} R_2 \\ U_2 \end{bmatrix} = \frac{1}{\Delta} \begin{bmatrix} (\omega_{0,k} - \Omega'(U_0)) \left(\mathcal{Q}_{+,0} - (1 + B_1^2) \right) + \Omega''(U_0) R_0 \gamma_2 \\ (\omega_{0,k} - \Omega'(U_0)) \gamma_2 - f''(R_0) \left(\mathcal{Q}_{+,0} - (1 + B_1^2) \right) \end{bmatrix},
$$

with determinant

(3.19)
$$
\Delta = (\omega_{0,k} - \Omega'(U_0))^2 - R_0 f''(R_0) \Omega''(U_0).
$$

The nonlinear frequency shift is obtained by expanding

$$
\omega_0(R_0 + a^2 R_2, U_0 + a^2 U_2) = \omega_0(R_0, U_0) + a^2 \tilde{\omega}_2 + \mathcal{O}(a^4),
$$

where

$$
(3.20) \t\t \tilde{\omega}_2(k) = \omega_2(R_0, U_0) + [R_2(k), U_2(k)] \cdot \nabla_{\rho_0, \overline{u}} \omega_0|_{\rho_0 = R_0, \overline{u} = U_0},
$$

and ω_2 is given in [\(3.9b\)](#page-10-3). Incorporating the nonlinear frequency shift [\(3.20\)](#page-12-1) into the modulation equations [\(3.10a\)](#page-11-0) and [\(3.10d\)](#page-11-4) results in the modulation system

(3.21)
$$
a_T + \omega_{0,k} a_X + \frac{1}{2} \omega_{0,kk} a k_X = 0, \quad k_T + \omega_{0,k} k_X + 2a \tilde{\omega}_2(k) a_X = 0.
$$

The characteristic velocities of [\(3.21\)](#page-12-2) include the sought-for perturbations of the degenerate, double eigenvalue [\(3.14\)](#page-11-5). Then, the characteristic velocities of the weakly nonlinear modulation system [\(3.10\)](#page-11-0) are

(3.22a)
$$
\lambda_{1,2} = \Omega'(\overline{u}) \pm \sqrt{\rho_0 f''(\rho_0) \Omega''(\overline{u})} + \mathcal{O}(a^2),
$$

(3.22b)
$$
\lambda_{3,4} = \omega_{0,k} \pm a \sqrt{\omega_{0,kk}\tilde{\omega}_2} + \mathcal{O}(a^2).
$$

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3.5. Generalized MI for small amplitude two-phase wavetrains. For the purposes of this discussion, we assume that the dispersionless system is hyperbolic, i.e., $\lambda_{1,2}$ are real. We further assume that the two-phase wavetrain does not experience exponential growth or decay when subject to linear perturbations, meaning that ω_0 is real-valued. Under these assumptions, the only mechanism that remains to change the type of the modulation equations is a change of the second-phase MI index

(3.23)
$$
\Delta_{\text{SPMI}} = \text{sgn}(\omega_{0,kk}\tilde{\omega}_2) .
$$

This index provides a generalized criterion for MI of two-phase waves. When $\Delta_{\rm SPMI} =$ 1, the characteristic velocities $\lambda_{3,4}$ are real. When $\Delta_{\rm CPMI} = \Delta_{\rm SPMI} = 1$, the modula-tion system [\(3.10\)](#page-11-0) is hyperbolic. When $\Delta_{\text{SPMI}} = -1$, $\lambda_{3,4}$ are complex valued and, if $\Delta_{\text{CPMI}} = 1$, the modulation equations are of mixed hyperbolic-elliptic type.

By examining Δ_{SPMI} , we can identify potential mechanisms for a change in type of the modulation system when $\omega_{0,kk}\tilde{\omega}_2$ is zero or singular. These include

- \bullet zero linear dispersion curvature: $\omega_{0,kk} = 0;$
- \bullet four-wave mixing: $\omega_{0,kk} \rightarrow \infty$ when $\Omega (\overline{u} + 2k) 2\Omega (\overline{u}) + \Omega (\overline{u} 2k) = 0$ $(\mathcal{M}_2 = 0);$
- two phase resonance: $\Delta = 0$ in [\(3.18\)](#page-12-3) and [\(3.19\)](#page-12-4) when $\omega_{0,k} = \Omega'(\overline{u}) \pm \Omega''(\overline{u})$ $\sqrt{\bar{\rho}_0 f''(\bar{\rho})\Omega''(\overline{u})};$
- \bullet second-harmonic resonance: $A_2, B_2 \rightarrow \infty$ in [\(3.8\)](#page-10-1) when $2\omega_0(k, \bar{\rho}, \bar{u}) = \omega_0(2k, \bar{\rho})$ $\bar{\rho}, \bar{u})$ ($\mathcal{D} = 0$ in [\(3.9c\)](#page-10-4));
- other nonlinear mechanisms: $\tilde{\omega}_2 = 0$.

4. Examples. In this section, we analyze the second-phase index $\Delta_{\rm SPMI}$ [\(3.23\)](#page-13-1) for some specific FDNLS equations as a way to predict the onset of instability. The FDNLS equation [\(1.1\)](#page-0-0) is considered, primarily with cubic nonlinearity $f'(|\psi|^2) = |\psi|^2$ and four distinct dispersion relations $\Omega (k)$ corresponding to third- and fourth-order dispersion as well as finite-depth water waves and discrete nonlinear lattices. We consider normalized two-phase solutions [\(2.2\)](#page-6-2) with $\bar{\rho} = | \overline{U |}^2 = 1$. Since our objective is to identify instabilities using Δ_{SPMI} , we only consider modulationally stable onephase carrier wavenumbers, i.e., \bar{u} for which $\Delta_{\rm CPMI} = 1$ [\(3.6\)](#page-9-3). We point out that previous studies on MI in generalized KdV models demonstrated significant qualitative differences in the nature of MI as the power of the nonlinearity grows [\[35\]](#page-22-20).

In sections [4.1](#page-13-2) and [4.2,](#page-16-0) we numerically compute two-phase solutions of the FDNLS equation [\(1.1\)](#page-0-0) of the form [\(2.2\)](#page-6-2) by solving the nonlinear eigenvalue problem

(4.1)
$$
-i\omega\mathcal{U} + \gamma\mathcal{U}_{\theta_2} = |\mathcal{U}|^2\mathcal{U} + \Omega(\overline{u} - ik\partial_{\theta_2})\mathcal{U},
$$

using an iterative Newton-conjugate gradient algorithm for the Fourier coefficients of \mathcal{U} [\[83,](#page-24-6) [84\]](#page-24-7), initialized with the weakly nonlinear approximation [\(3.8\)](#page-10-1). Direct simulations of the FDNLS equation [\(1.1\)](#page-0-0) with small additive noise [\(1.12\)](#page-4-0) with wavenumbers $\xi \in (\overline{u} - k, \overline{u} + k)$ are then performed using a fourth-order split-step scheme [\[85\]](#page-24-8) with initial condition the two-phase solution, similar to the numerical simulations of perturbed solutions in section [1.2.](#page-3-3)

4.1. NLS with third-order dispersion. The cubic NLS equation with thirdorder dispersion (NLS3) is

(4.2)
$$
i\psi_t = \frac{i}{6}\psi_{xxx} + |\psi|^2\psi.
$$

FIG. 3. Example linear resonances for the NLS3 equation (4.2) : (a) interbranch resonance $c_+(k_1) = c_-(k_2)$ of the fast $k_1 = 1$ (red) and slow $k_2 \approx 2.789$ (blue) dispersion branches for $\overline{u} = 0.25$; (b) intrabranch resonance $c_-(k_1) = c_-(k_2)$ for $k_1 = 0.25$, $k_2 \approx 0.76$, $\overline{u} = 1.5$.

The linear dispersion relation is

(4.3)
$$
\left(\omega_0 - \frac{1}{2}\overline{u}^2k - \frac{k^3}{6}\right)^2 = \overline{u}k^2\left(4 + \overline{u}k^2\right).
$$

When $\overline{u} \geq 0$, $\omega_0^{(\pm)} \in \mathbb{R}$ so that the one-phase solution [\(2.1\)](#page-6-1) is modulationally stable. The two branches of the dispersion relation correspond to the phase velocities $c_\pm (k) = \omega_0^{(\pm)}(k)/k$ subject to interbranch $(c_+(k_1) = c_-(k_2))$ and intrabranch $(c_{+}(k_1) = c_{+}(k_2))$ linear resonances. Despite being linear resonances, they can be induced by nonlinearity, as demonstrated below. Figures $3(a)$ and $3(b)$ depict interand intrabranch resonances, respectively.

We evaluate Δ_{SPMI} [\(3.23\)](#page-13-1) for [\(4.2\)](#page-13-3) and plot the results in Figure [4\(](#page-15-0)a), (b). The grayscale colormap depicts the imaginary part of the Whitham velocities [\(3.22\)](#page-12-5), $\text{Im}(\sqrt{\tilde{\omega}_2 \omega_{0,kk}})$ on a log scale, taken as a quantitative measure of the strength of the instability, on the order of the exponential growth rate. Figures $4(a)$ and (b) depict $\Delta_{\rm SPMI}$ for the fast ⁽⁺⁾ and slow ⁽⁻⁾ branches, respectively, of two-phase solu-tions [\(3.8\)](#page-10-1) as a function of \overline{u} and k. Grayscale regions correspond to negative index $\Delta_{\text{SPMI}} = -1$ and unstable two-phase solutions. White regions correspond to positive index $\Delta_{\text{SPMI}} = 1$. The pink regions in Figure [4\(](#page-15-0)a) indicate the existence of either an inter- or intrabranch resonant wave with $\Delta_{\rm SPMI} = -1.$

In Figures [4\(](#page-15-0)a), (b), [5\(](#page-17-0)a), (b), [7,](#page-19-1) and [8](#page-20-0) depicting Δ_{SPMI} , the solid curves identify one of the instability mechanisms listed in section [3.5.](#page-13-4) An orange curve identifies a two-phase wave resonance. Blue denotes a second-harmonic resonance. Green indicates zero-dispersion curvature whereas black connotes other nonlinear mechanisms. In this example there are no changes in sign of the Δ_{SPM} due to 4-wave mixing. Figure $4(a)$ predicts that the fast two-phase solution (3.8) is unstable for all wavenumber pairs (\overline{u}, k) due to either second-harmonic resonance, other nonlinear mechanisms, or the secondary instability of a linearly resonant mode. Figure [4\(](#page-15-0)b) predicts bands of unstable, slow two-phase solutions due to all available mechanisms.

To test the accuracy of our predictions, we compare them to the numerical evolution of (4.2) for several computed two-phase solutions. Figure $4(c)$ shows the wave power $|\psi(x, t)|^2$ and magnitude of the Fourier transform $|\hat{\psi}(\xi, t)|$ at time $t = 2500$ corresponding to the perturbed, fast two-phase solution with $(\overline{u}, k) = (\pi /10, \pi /3)$ and $a = 0.05$ identified in Figure [4\(](#page-15-0)a). For these parameters, there is an interbranch resonant mode with wavenumber $k_{\text{res}} \approx 2.789$. Since the slow two-phase solution with $(\overline{u}, k) = (\pi / 10, k_{res})$ is predicted to be unstable, we can interpret the small amplitude, shorter wavelength modulations of $|\psi|^2$ as caused by the slow growth of a resonant

Fig. 4. Phase diagrams indicating the stability (white) or instability (grayscale) of small amplitude, fast (a) and slow (b) two-phase solutions of the NLS3 equation [\(4.2\)](#page-13-3). The grayscale indicates the predicted strength of the instability. Pink regions indicate the presence of an unstable resonant mode. (c)-(e) present the results of direct numerical simulations of the NLS3 equation. The upper (lower) panels show the power $|\psi(x, t)|^2$ (spectral intensity $|\widehat{\psi}(k, t)|$) in black after time integration. The initial spectrum $|\widehat \psi (k, 0)|$ is shown in gray. Red lines identify $\overline{u} + k_{\mathrm{res}}$.

mode. Indeed, the Fourier spectrum at $t = 2500$ shows a peak at $k \approx \overline{u} + k_{res}$ indicated by the red line that was not in the initial data (gray).

Figure [4\(](#page-15-0)d) shows an example of an unstable mode at $t = 1500$. In the long time evolution, modulations of $|\psi|^2$ are visible in Figure [4\(](#page-15-0)d) due to the two-phase

instability. The spectrum reveals the emergent side-bands, which are indicated by the peaks at $\overline{u} + nk$ for $n \in \mathbb{Z}$.

Figure $4(e)$ is an example of an instability arising due to a longer wave intrabranch resonance. We evolve a perturbed, slow two-phase solution with $(\overline{u}, k) = (\pi /2, 8\pi /11)$ and $a = 0.001$ to $t = 1000$. There is an intrabranch resonant mode at $k_{res} \approx 1.078$. In this case, the initial two-phase solution is predicted to be stable, while the resonant mode is predicted to be unstable. The power in Figure $4(e)$ exhibits strong modulations with wavelength longer than $2\pi /k = 11/4$. The spectrum reveals wide bands centered at $\bar{u} + k_{\text{res}}$ and its harmonics. These bands' amplitude grows with time. Despite this growth, the spectral peaks of the initial two-phase solution remain relatively unchanged on the time scale of the numerical experiment.

4.2. NLS with fourth-order dispersion. Consider the cubic NLS equation with fourth-order dispersion (NLS4)

(4.4)
$$
i\psi_t = \frac{1}{24}\psi_{xxxx} + |\psi|^2 \psi.
$$

This equation exhibits no classical MI since $\Delta_{\text{CPMI}} = 1$ in [\(3.6\)](#page-9-3). The linear dispersion relation ω_0 satisfies

(4.5)
$$
\left(6\omega_0 - \overline{u}k(\overline{u}^2 + k^2)\right)^2 = \frac{1}{16}k^2\left(k^2 + 6\overline{u}^2\right)\left(k^4 + 6k^2\overline{u}^2 + 48\right)
$$

so that ω_0 is real-valued for all $\overline{u}, k \in \mathbb{R}$.

Figures [5\(](#page-17-0)a) and (b) depict the stability of fast and slow, respectively, weakly nonlinear two-phase solutions according to Δ_{SPMI} . We focus on the gray islands bounded by the black curves. These regions are particularly notable since their boundaries correspond to sign changes in the modified nonlinear frequency shift, $\tilde{\omega}_2$. We thoroughly probe this region by computing two-phase solutions with $a = 0.075$, while varying \bar{u} and k (red and blue dots in the inset of Figure [5\(](#page-17-0)a)). Perturbed, fast twophase solutions that numerically exhibit side-band growth by $t = 2500$ are indicated by red circles. Those that do not are indicated by blue circles. The island where $\Delta_{\text{SPMI}} = -1$ accurately predicts the instability of two-phase wavetrains, an example of which is shown in Figure [5\(](#page-17-0)c) at $t = 2500$ for the perturbed two-phase solution with $(\overline{u}, k) = (-0.4, 1.6)$. The power undergoes significant long-wavelength modulations from its initial profile. This is reflected in the spectral intensity by the large side-bands about the harmonics at wavenumbers $\xi = \overline{u} + nk, n \in \mathbb{Z}$.

Figure [5\(](#page-17-0)d) shows an example of a stable, fast two-phase solution with (\overline{u}, k) = $(-0.4, 1)$ at $t = 2500$. Neither the power $|\psi|^2$ nor the amplitude spectrum $|\hat{\psi}|$ indicates any sign of instability.

The regions of parameter space that correspond to the unstable two-phase solutions are bounded by curves where the mechanism leading to instability is nonlinear. To briefly explore this further, we modify the NLS4 equation to include an additional, quintic nonlinear term. The cubic-qunitic fourth-order NLS equation (CQNLS4) is

$$
i\psi_t=-\frac{1}{24}\psi_{xxxx}+|\psi|^2\psi+\beta|\psi|^4\psi
$$

with the parameter $\beta \geq 0$ for modulationally stable plane waves. To illustrate the significance of higher-order nonlinear effects, we compute $\Delta_{\rm SPMI}$ with $\bar{\rho} = 1$. The SPMI index is reported for two values of $\beta = 0.01$ and $\beta = 0.2$ in Figures [6\(](#page-18-0)a) and (b). For these examples, the fast branch of the dispersion relation is chosen to contrast

Fig. 5. Phase diagrams and numerical simulations of NLS4 two-phase solution stability. Dots in the inset of (a) correspond to solutions that are stable (blue) or unstable (red) in direct numerical simulations. See Figure [4](#page-15-0) and main text for details.

with the diagram in Figure $5(a)$. The examples provided in Figure [6](#page-18-0) demonstrate the sensitivity of the instability on the details of the nonlinear term. More work is needed to understand how the second phase MI will manifest, as it has been observed in generalized KdV equations that the inclusion of higher-order nonlinear terms (beyond those in the mKdV equation) lead to fundamental changes in the nature of MI in both the spectral and physical domains [\[34,](#page-22-21) [35\]](#page-22-20).

4.3. A full-dispersion model of water waves. Weakly nonlinear, nearly monochromatic wavetrains in finite-depth water waves can be modeled by the cubic NLS equation [\[2\]](#page-21-18)

(4.6)
$$
iA_t = -\frac{1}{2} \frac{d^2 \Omega_{\text{ww,0}}}{d\kappa^2} A_{xx} + \nu_0 |A|^2 A,
$$

where $\Omega_{ww}(\kappa)^2 = \kappa \tanh \kappa , \ \Omega_{ww,0} = \Omega_{ww}(\kappa_0)$, and $\nu_0 = \nu_0(\kappa_0)$ is a real constant. The NLS equation [\(4.6\)](#page-17-1) is a narrow-band model, obtained by Taylor expanding the water waves linear dispersion relation Ω_{ww} about the carrier wavenumber κ_0 . More accurate models retain higher-order asymptotic terms [\[37\]](#page-22-22). We propose the following, analogous full-dispersion model of finite-depth water waves:

FIG. 6. Phase diagrams of CQNLS4 two-phase solution stability with (a) $\beta = 0.01$ and (b) $\beta = 0.2.$ See Figure [4](#page-15-0) and main text for details.

(4.7)
$$
i\psi_t = -\left(\widetilde{\Omega}_{ww}(\kappa_0 - i\partial_x) - \Omega_{ww,0} + ic_{g_0,ww}\partial_x\right)\psi + sgn \ \nu_0 \ |\psi|^2\psi,
$$

where $\Omega_{ww,0}$ and $c_{g_0,ww}$ are the dispersion and group velocities evaluated at κ_0 .

A similar model was considered by Trulsen and Dysthe, [\[77\]](#page-23-24) in deep water where A similar moder was considered by Truisen and Dystine, [11] in deep water where
the FDNLS equation [\(1.1\)](#page-0-0) has dispersion $\Omega(\kappa) = \sqrt{\kappa}$. More recently, Craig, Guyenne, and Sulem [\[29\]](#page-22-23) derived a full-dispersion model of water waves that includes some of the higher-order nonlinear terms from the Dysthe equation in deep water.

To simplify the presentation, we set $\kappa_0 = 0$, which is accomplished without loss of generality by redefining the carrier wavenumber as $\overline{u} \rightarrow \overline{u} + \kappa_0$. To ensure that the coefficient of the nonlinear term is positive we require \overline{u} < 1.363 so that the Benjamin-Feir instability [\[13\]](#page-21-10) does not occur. A calculation reveals that the one-phase solutions are modulationally unstable for $\overline{u} < 0$ ($\Delta_{\text{CPMI}} = 1$). Therefore, we omit this parameter regime and hence, we consider $0 \leq \overline{u} < 1.363$.

Figure [7](#page-19-1) presents the stability regions for weakly nonlinear, fast (a) and slow (b) two-phase wavetrains. The structure of the stability phase-plane is qualitatively similar to that of the NLS3 model with third-order dispersion. In the fast branch, there are high-frequency resonant modes that co-propagate on the slow dispersion branch, so the resonance mechanism is of the same nature as in Figure $3(a)$. Evaluation of Δ_{SPMI} at the high-frequency resonant modes indicates that an instability is present, and one can observe this instability in numerical simulations. In large regions of parameter space, the slow two-phase waves are stable, while narrow (pink) regions exhibit unstable resonant modes of the type illustrated in Figure [3\(](#page-14-0)b).

4.4. Discrete NLS. The defocusing, discrete NLS (DNLS) equation

(4.8)
$$
i\psi_{n,t} = -\frac{1}{2}(\psi_{n-1} - 2\psi_n + \psi_{n+1}) + |\psi_n|^2 \psi_n
$$

has been used, for example, to model the evolution of light in long, semiconductor waveguide arrays [\[66\]](#page-23-25). Significant attention has been given to the study of dark solitary wave solutions and their stability [\[59,](#page-23-26) [53\]](#page-23-27). To study two-phase solutions of the DNLS equation, we introduce the interpolating function $\psi (x, t)$ such that $\psi (n, t) = \psi_n(t)$. The shifting operators in the discrete setting can be understood in a distributional sense,

Fig. 7. Phase diagrams of two-phase solution stability for the water waves model [\(4.7\)](#page-18-1). See Figure [4](#page-15-0) and main text for details.

(4.9)
$$
\psi_{n\pm 1} = \psi(n\pm 1, t) = \int_{\mathbb{R}} \delta(x - n \mp 1) \psi(x, t) dx.
$$

The action of the advance-delay operator in the FDNLS model [\(1.1\)](#page-0-0) can be represented by its Fourier transform as

$$
\mathcal{F}\{\hat{\Omega}(-i\partial_x)\psi\} = \mathcal{F}\{\psi(n-1,t) - 2\psi(n,t) + \psi(n+1,t)\}
$$

= 2 (cos(ξ) – 1) $\hat{\psi}(\xi, t)$,

where $\hat \psi$ is the Fourier transform of the interpolating function ψ . Thus, we define the continuous DNLS model as

(4.10)
$$
i\psi_t = \widetilde{\Omega}(-i\partial_x)\psi + |\psi|^2\psi
$$

with $\Omega (\xi) = 1 - \cos(\xi)$, whose solution is an interpolant of the solution of the DNLS equation [\(4.8\)](#page-18-2). Here, the admissible range of the wavenumber is $|\bar{u}| \leq \pi /2$. The classical MI index [\(3.6\)](#page-9-3) is $\Delta_{\text{CPMI}} = \cos(\overline{u})$. Hence, the admissible one-phase solutions are linearly stable with respect to periodic perturbations of any wavenumber.[2](#page-19-2)

Figure [8](#page-20-0) presents the stability diagrams for fast and slow two-phase solutions of [\(4.10\)](#page-19-3). The slow branch resembles that of a portion of the NLS4 model, Figure [5,](#page-17-0) though a similar region containing instability islands that we explored in section [4.2](#page-16-0) is not permitted in the band-limited region of the discrete system.

5. Discussion and conclusions. In this manuscript we derived the Whitham modulation equations (2.11) - $(2.14b)$ for the FDNLS (1.1) . These equations are obtained by utilizing a multiscale approach, assuming the existence of two-phase solutions, and averaging the conservation laws of the FDNLS equation over the manifold of two-phase solutions. For weak nonlinearity, the modulation equations' type (hyperbolic/elliptic) is used to assess the MI of two-phase solutions. For the classical cubic NLS equation, the MI of one- and two-phase wavetrains is directly related. If a onephase solution is modulationally stable (unstable) to long wavelength perturbations,

²Since this model is a continuum approximation of a discrete system, we may only consider perturbations that are band-limited. Therefore, they do not oscillate on scales below the lattice spacing. In the normalization utilized here, the wavenumber of perturbation, k, satisfies $|k| < \pi$.

Fig. 8. Phase diagrams of two-phase solution stability for the DNLS model [\(4.10\)](#page-19-3). See Figure [4](#page-15-0) and main text for details.

then weakly nonlinear two-phase solutions with the same carrier wavenumber are also modulationally stable (unstable). One goal of this study was to identify scenarios in which the one-phase carrier wave is stable, but unstable when modulated with a finite amplitude second phase.

We obtain the characteristic velocities perturbatively and identify two distinct indices that determine the reality or complexity of these velocities. One index (equation [\(3.6\)](#page-9-3)) corresponds to the known classical or generalized MI criterion. The new index (equation [\(3.23\)](#page-13-1)) determines the MI of two-phase solutions. This index depends on the nonlinear potential f and the linear dispersion function $\Omega (\xi)$ that define the FDNLS equation as well as the three parameters of the weakly nonlinear two-phase wavetrain: mean density $\bar{\rho}$, carrier-phase wavenumber, \bar{u} , and second-phase wavenumber, k.

The derivation of the modulation equations and the two-phase index are obtained under general conditions. The stability predictions are determined and favorably compared with numerical simulations for the FDNLS equation with third- and fourth-order dispersion. Secondary instabilities were also identified, both theoretically and numerically, resulting from linear inter- and intradispersion branch resonances. Nonlinearity serves to couple linearly resonant modes with different wavenumbers and the predicted instability of corresponding resonant weakly nonlinear two-phase solutions with the same carrier wavenumber and the resonant wavenumber leads to instability of the original two-phase solutions. This phenomenon is studied in the FDNLS equation with third-order dispersion, which exhibits qualitatively similar features with an FDNLS model of water waves. Understanding the physical implications of these predictions is reserved for future work.

We posit that the FDNLS model provides insight into the nature of high-frequency instabilities. We note that high-frequency instabilities were observed in numerical simulations of water waves [\[31\]](#page-22-24) and have recently been analyzed via asymptotics and rigorous spectral methods [\[30,](#page-22-25) [51\]](#page-23-28).

The generalized Whitham modulation equations can also be used to study solutions of initial value problems. In NLS-type equations with higher-order dispersion, distinct DSW structures emerge that have been identified with resonances [\[26\]](#page-22-26). These DSWs are particular in that they may be described in terms of a shock solution of the Whitham modulation equations, an area of recent interest in nonlinear dispersive wave equations with higher-order dispersion [\[49,](#page-23-29) [73,](#page-23-30) [9,](#page-21-19) [8\]](#page-21-20).

A novel application of the results in this manuscript are in the modulation of twophase solutions in discrete systems, which is accomplished upon casting the advance-

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delay operators in these systems as a pseudodifferential operator. A promising direction of research is to utilize the Whitham modulation theory developed here to study DSW structures that evolve from step-like initial data in FDNLS models, such as the DNLS equation.

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